



HEALTH DIVISION

Department of Health & Human Services

NEWS RELEASE

L. BROOKS PATTERSON, OAKLAND COUNTY EXECUTIVE

Kathleen Forzley, R.S., M.P.A., Manager
HEALTH DIVISION

**NEWS RELEASE FROM: Oakland County Health Division
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248-858-1410**

For Immediate Release

Get Ready Day Promotes Preparedness

Oakland County, MI (September 14, 2009) – Prepare for public health emergencies by taking action on Get Ready Day on Tuesday, September 15, 2009. Get Ready Day coincides with National Preparedness Month and urges all Americans to “Get A Kit, Make a Plan, Be Informed and Get Involved.” The Oakland County Health Division wants individuals, families and communities to be prepared for all kinds of hazards, threats, natural disasters, and emerging infectious diseases such as novel H1N1 flu (swine flu).

“At the Health Division we emphasize preparation, not panic, for any possible public health threat such as the H1N1 flu pandemic,” states Kathy Forzley, Manager/Health Officer of the Oakland County Health Division. “Being ready for public health emergencies is our business no matter what the cause. We urge the public to be prepared by getting a seasonal flu shot and an H1N1 flu shot when it is available later this fall. Visit our website for our seasonal flu shot clinic dates and H1N1 updates in the coming weeks”.

For overall emergency preparedness, every person needs a minimum of 3 days food and water. Prepare an Emergency Go-Kit for a quick evacuation that includes survival supplies, important medical information, and insurance documents. It’s important to develop a support system by having both local and out-of-state family contact information. All family members should be aware of emergency plans and practice them together.

Take these important steps to get ready for emergencies before they happen. For more information call Oakland County Health Division at 248-858-1406 or toll free at 800-848-5533 or visit one of these websites:

www.oakgov.com/health
www.getreadyforflu.org/getreadyday/index.htm
www.ready.gov

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NORTH OAKLAND HEALTH CENTER
1200 NORTH TELEGRAPH ROAD
PONTIAC MICHIGAN 48341-0432
General Information 248-858-1280

SOUTH OAKLAND HEALTH CENTER
27725 GREENFIELD ROAD
SOUTHFIELD MICHIGAN 48076-3663
General Information 248-424-7000

WEST OAKLAND HEALTH CENTER
1010 E WEST MAPLE ROAD
WALLED LAKE MICHIGAN 48390-3571
General Information 248-926-3300