

Shelters, Emergency Food & Housing Assistance

1-800-A-SHELTER (1-800-274-3583)

COTS – Detroit Shelter
(313) 270-9100

Grace Centers of Hope
(248) 334-2187
www.gracecentersofhope.org

Salvation Army
(248) 443-5500
www.centralusa.salvationarmy.org

South Oakland Shelter / Lighthouse
(248) 920-6000

HOPE Recuperative Care Center
(248) 499-7345

Common Ground
(800) 231-1127

Detroit Rescue Mission
(313) 993-4700
www.drmm.org

HAVEN
(248) 334-1284
www.haven-oakland.org

Gleaners Food Bank
(866) 453-2637

Capuchin Soup Kitchen
(313) 579-2100

Baldwin Center
(248) 332-6101

Carriage Town Ministries
(810) 233-8787

Detroit Rescue Mission
(313) 933-4700

Focus Hope
(313) 494-5500

Hospitality House
(248) 960-9975

Oakland Hope Food and Pantry Store
(248) 309-3658

OLHSA
(248) 209-2600

Substance Abuse Services

The Rise Center
(248) 464-6055

Salvation Army
(248) 453-5500

CARE of SE Michigan
(586) 541-2273

OCHN (Oakland County Health Network)
(248) 858-1210



SAMHSA National Helpline
1-800-662-4357

AlcoholTreatment.Net
(888) 645-0551

Genesee – Genesis Health System
(810) 257-3740

COMMUNITY RESOURCES



Parenting

National Parenting Hotline
1-855- 4A PARENT - (1-855-427-2736)

Parent Stress Line
(800) 632-8188

Oakland Family Services
(248) 585-7766

Mom's Club
www.momsclub.org

Resources for Women

Birmingham Counseling for Women & Girls
(248) 321-9166

My Sister's Place
(313) 371-3985

Women and Teens Crisis Pregnancy Center
(248) 338-4357

The Counseling Center for Women
(248) 650-3795

Common Ground
(800) 231-1127

Arab American & Chaldean Council
(248) 559-1990

Ascension Eastwood Behavioral Health
www.healthcare.ascension.org

Association For Children's Mental Health
(517) 372-4016

Behavioral Medical Center
(248) 528- 9000

CARE of SE Michigan
(586) 541-2273

Choices Program
(248) 738-0301

Easter Seals
(800) 757-3257

Jewish Family Services
(248) 592-2313

New Bethel
(248) 334-3253

HAVEN
(248) 334-1284
www.haven-oakland.org

Advanced Counseling Services
Several Locations
www.advancedcounseling.info

Employment & Training

Michigan Works
(800) 285-9675

Michigan Rehabilitation Service
(800) 605-6722

Jay Shop
(248) 335-9156

Grace Centers of Hope
(855) 435-7424

Jewish Vocational Services
(248) 559-5000



12-Step Resources

Alcoholics Anonymous - (248) 332-3521
www.aa.org

Narcotics Anonymous – (800) 230-4085
www.michigan-na.org

Marijuana Anonymous
(800) 766-6779
www.marijuana-anonymous.org/

