

SUPPORTING BREASTFEEDING FAMILIES

EVERY OUNCE COUNTS!



RESOURCE GUIDE FOR BREASTFEEDING FAMILIES

OAKLAND COUNTY HEALTH DIVISION WIC SERVICES

WIC offers free breastfeeding classes in both English and Spanish, breast pumps, and other support services for WIC clients only.

Contact the Breastfeeding Coordinator:

248.431.1403

Amanda Kischuk, RD

Contact a Certified Lactation Specialist:

248.858.1272 or 888.350.0900 ext. 81272

Meg Seefelt, RD, CLS

Tammy Shaffer, CLS

Kathy Takeshita, RD, CLS

OAKLAND COUNTY HEALTH DIVISION NURSE ON CALL

800.848.5533 | noc@oakgov.com

Monday - Friday • 8:30 A.M. - 5:00 P.M.

ADDITIONAL COMMUNITY SERVICES

Beaumont Health System

Breastfeeding Classes and Services: 248.898.0599
Royal Oak / Troy: 248.964.6455

Beaumont Farmington Hills - Botsford Campus

Breastfeeding Services: 248.471.8471

Ascension Providence Rochester Hospital

Breastfeeding Classes and Services: 248.652.5919

Ascension Providence Hospital - Novi Campus

Breastfeeding Clinic Novi & Southfield: 248.465.3880

St. Joseph Mercy Oakland Hospital

Lactation Office and Breastfeeding Classes: 248.858.6455

Henry Ford Hospital - West Bloomfield

Breastfeeding Services and Classes: 248.325.0047

Continued

BREAST PUMPS

Most health insurances cover breast pumps. Check with your insurance company while you are still pregnant to verify the type of breast pump covered so you are prepared when baby is born.

Beaumont Home Medical Equipment

Rental and Sales 248.743.9100

Binson Medical Supply - Royal Oak

Sales Only 248.288.0440

Oakland County WIC - WIC Clients Only

Manual, Electric, and Loaner pumps available for free



FREE BREASTFEEDING SUPPORT

La Leche League of Lake Orion

lakeorionlll.weebly.com

La Leche League of Royal Oak

llroyaloak.weebly.com/series-meetings.html

Meet Nurse Love

Oakland County Breastfeeding Coalition

Oaklandcountybfingcoalition.weebly.com

Best Beginnings Breastfeeding Support Group

St. Joseph Mercy Hospital: 248.858.6455

Black Mothers Breastfeeding Association

blackmothersbreastfeeding.org

800.313.6141

ONLINE RESOURCES AND DISCUSSION GROUPS

The following sites are for informational purposes only. Be sure to check with your health care provider for accurate medical advice.

Websites

Breastmilk Counts

breastmilkcounts.com

Business Case for Breastfeeding

womenshealth.gov/breastfeeding/government-in-action/business-case-for-breastfeeding/

Best For Babes

bestforbabes.org

United States Breastfeeding Committee

usbreastfeeding.org

About Your New Baby

marchofdimess.com/baby/baby.html

24-Hour Cribside Assistance for Dads

newdadmanual.ca

Discussion Groups

Breastfeeding and Parenting

kellymom.com

Mother to Mother Forums

lli.org

Inspiring Natural Families

mothering.com/community/f/

