

KNOW THE BUZZ



Personal protection is the best way to prevent mosquito-borne disease.

HOW TO REDUCE THE RISK OF MOSQUITO-BORNE DISEASES

- Use insect repellents. The Centers for Disease Control and Prevention (CDC) recommends the use of insect repellents containing active ingredients registered with the U.S. Environmental Protection Agency (EPA). Products that are registered with the EPA that have shown a high degree of effectiveness contain DEET, Picaridin, IR3535, Oil of Lemon Eucalyptus or para-menthane-diol. Always follow manufacturer's directions carefully.
- Be careful using repellent on the hands of children because repellents may irritate the eyes and mouth.
- Wear protective clothing such as long-sleeved shirts and pants.
- Limit outdoor activity from dusk to dawn and avoid areas where mosquitoes may be present (i.e. shaded and wooded areas).
- Maintain window and door screens to keep mosquitoes out of buildings.
- Empty water from mosquito breeding sites, such as flowerpots, pet bowls, clogged rain gutters, swimming pool covers, discarded tires, buckets, barrels, cans, toys, and similar items where mosquitoes can lay eggs.

For more information on Mosquito-Borne Diseases visit oakgov.com/health

NURSE ON CALL PUBLIC HEALTH INFORMATION
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The Oakland County Health Division will not deny participation in its programs based on race, sex, religion, national origin, age or disability. State and federal eligibility requirements apply for certain programs.

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