



IS YOUR HOME SUICIDE-SAFE?

Take these actions to restrict access to lethal means of suicide.

► Medications

Lock and Limit.

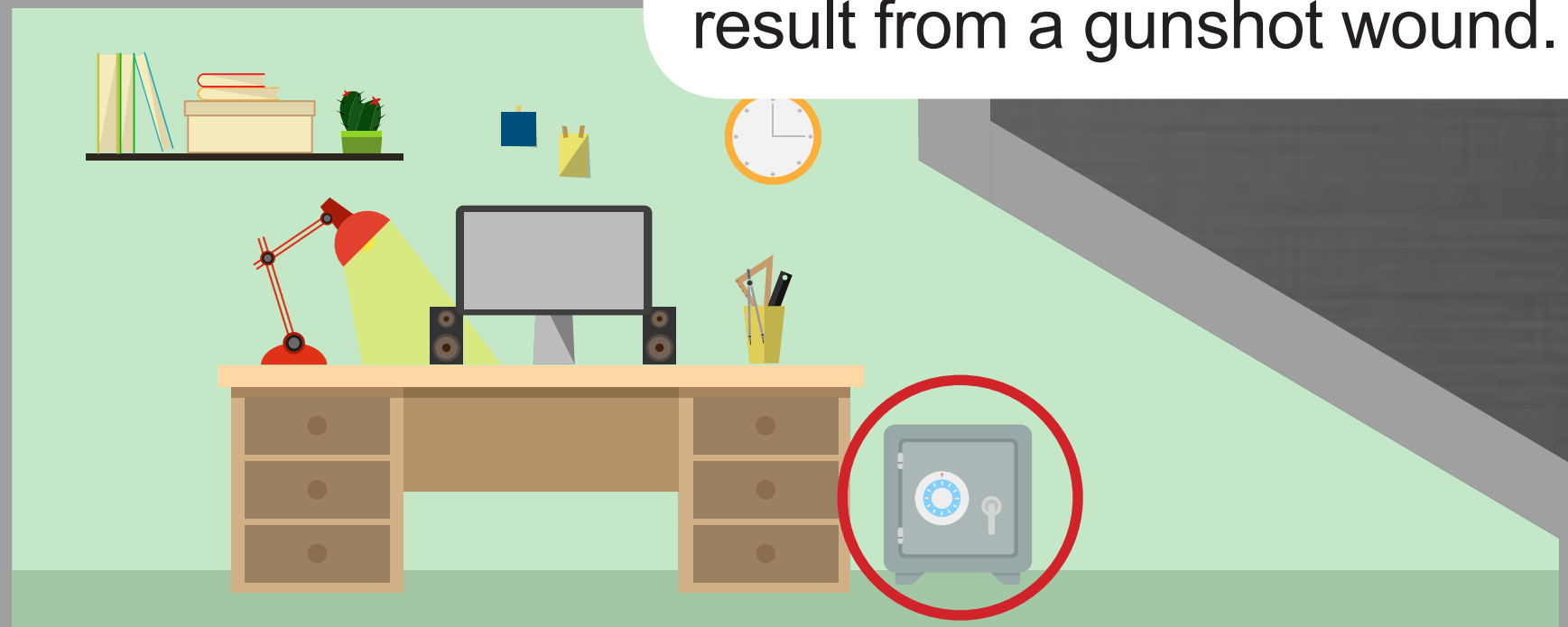
3 in 5 teens say prescription drugs are EASY to get from their parents' medicine cabinets.



► Firearms

Remove. Lock.

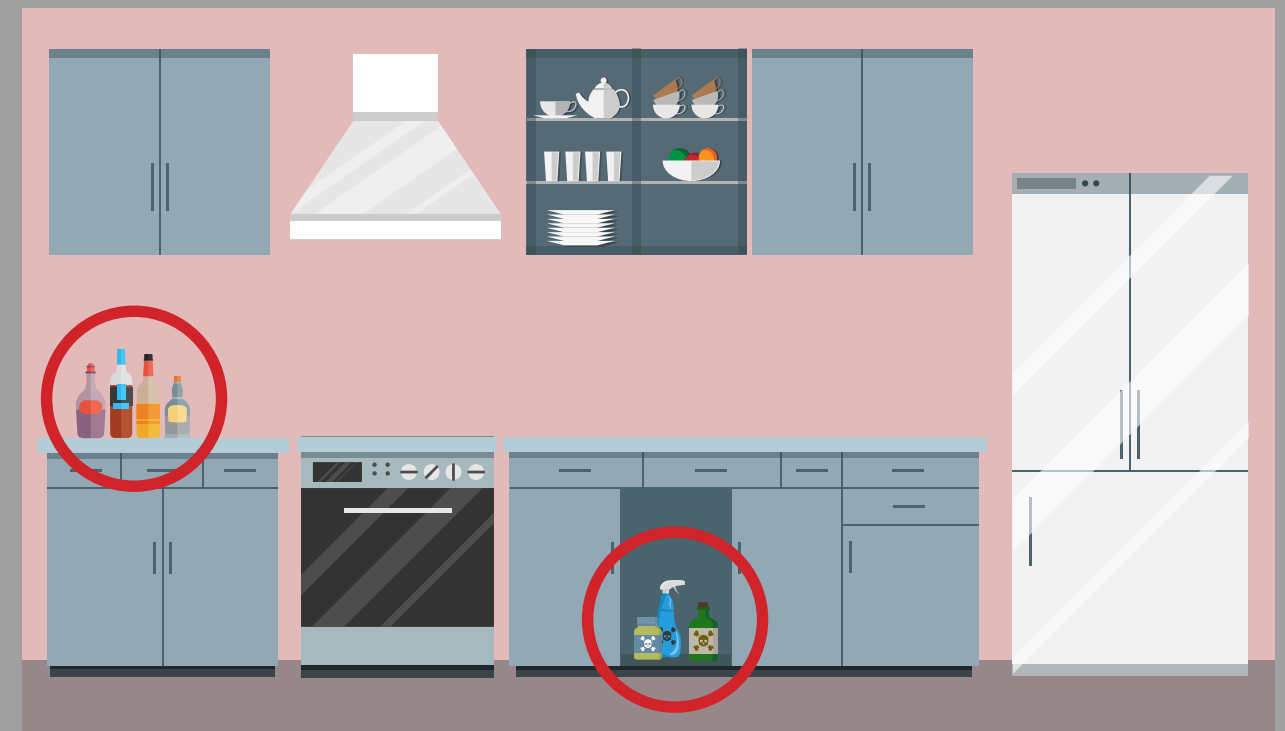
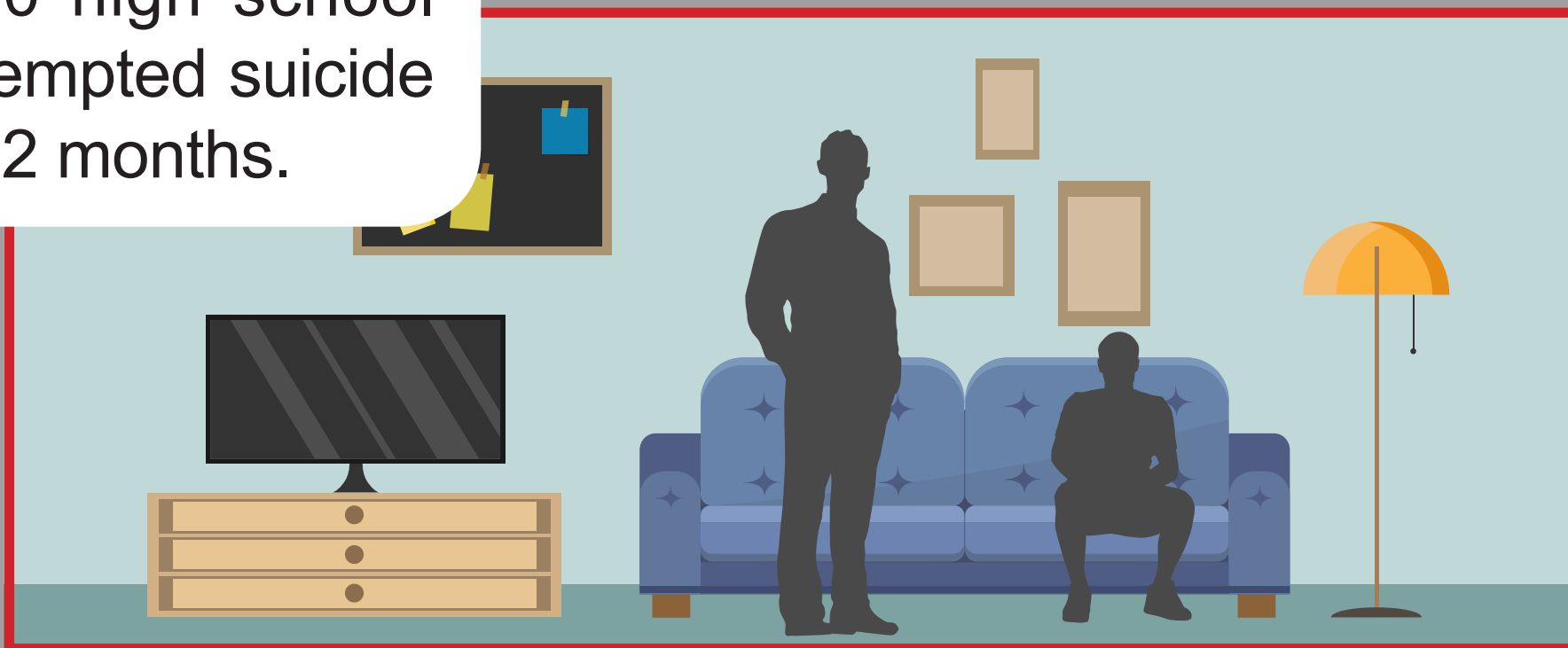
More than half of all suicide deaths result from a gunshot wound.



► Support

Listen and Act

9 out of 100 high school students attempted suicide in the past 12 months.



► Alcohol

Monitor Closely

Substance use makes youth more likely to choose lethal means, such as guns.

► Poisons

Take Precautions

Intentional exposure to poisons are more likely to result in serious or fatal outcomes.

No method of means restriction is foolproof.

If you are concerned about a loved one, seek help:

Common Ground Resource & Crisis Helpline: 800.231.1127 or text "Hello" to 741741 (24/7)

In Case of Emergency, Call 911.