

SUPPORTING BREASTFEEDING FAMILIES

EVERY OUNCE COUNTS!



RESOURCE GUIDE FOR BREASTFEEDING FAMILIES

OAKLAND COUNTY HEALTH DIVISION WIC SERVICES

WIC offers free breastfeeding classes, breast pumps, and other support services for WIC clients only.

Contact the Breastfeeding Coordinator:

Amanda Vagts, RD, IBCLC
248.431.1403

Contact a Certified Lactation Specialist:

248.858.1272 or 888.350.0900 ext. 81272

Olivia Schuelke, CLS

Meg Seefelt, RD, LCE

Tammy Shaffer, CLS

Kathy Takeshita, RD, CLS

Jez Vedula-Cardenas, RD, IBCLC

Breastfeeding Peers After Hours Number:

248.520.8513

Monday - Friday • 5:00 P.M. - 9:00 P.M.

Saturday • 9:00 AM. - 2:00 P.M.

OAKLAND COUNTY HEALTH DIVISION NURSE ON CALL

800.848.5533 | noc@oakgov.com

Monday - Friday • 8:30 A.M. - 5:00 P.M.

HOSPITAL BREASTFEEDING SERVICES

Ascension Providence Hospital - Novi Campus

Breastfeeding Clinic Novi & Southfield: 248.465.3880

Ascension Providence Rochester Hospital

Breastfeeding Classes and Services: 248.601.7572

Beaumont Health

Breastfeeding Classes and Services: 248.898.0599

Royal Oak / Troy: 248.964.6455

Beaumont Hospital, Farmington Hills

Breastfeeding Services: 248.471.8471

Henry Ford Hospital - West Bloomfield

Breastfeeding Services and Classes: 248.325.0047

St. Joseph Mercy Oakland Hospital

Lactation Office and Breastfeeding Classes: 248.858.6455

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BREAST PUMPS

Most health insurances cover breast pumps. Check with your insurance company while you are still pregnant to verify the type of breast pump covered so you are prepared when baby is born.

Aeroflow

Aeroflowbreastpumps.com

Binson Medical Supply - Royal Oak

Binsons.com

Edgepark

Edgeparkbreastpumps.com

Oakland County WIC - WIC Clients Only

Manual, electric, and loaner pumps available for those that qualify
248.858.1272



FREE BREASTFEEDING SUPPORT

Best Beginnings Breastfeeding Support Group

St. Joseph Mercy Hospital: 248.858.6455

Black Mothers Breastfeeding Association

blackmothersbreastfeeding.org

800.313.6141

La Leche League of Ferndale/ Royal Oak

<http://lllferndaleroyaloak.weebly.com/>

La Leche League of Lake Orion

lakeorionlll.weebly.com

Southeast Michigan IBCLC'S of Color

<https://www.semiibclcofcolor.org/>

The Lactation Club (TLC)

Oakland County WIC: 248.858.1272

ONLINE RESOURCES

The following sites are for informational purposes only. Be sure to check with your health care provider for accurate medical advice.

Websites

About Your New Baby

marchofdimes.com/baby/baby.html

Breastmilk Counts

breastmilkcounts.com

Breastfeeding at home, at work, and in public

<https://www.womenshealth.gov/breastfeeding/breastfeeding-home-work-and-public>

Breastfeeding and Parenting

kellymom.com

Oakland County Breastfeeding

<https://www.oakgov.com/health/information/breastfeeding/Pages/default.aspx>

24-Hour Cribside Assistance for Dads

newdadmanual.ca

