

# NURTURING PARENTING PROGRAM

HELPING CREATE A NURTURING FAMILY LIFE



HEALTH DIVISION  
DAVID COULTER  
OAKLAND COUNTY EXECUTIVE



Parenting is life long and goes through different stages.  
Contact us for support and education.

## WHAT IS NURTURING PARENTING PROGRAM (NPP)?

- A **FREE**, family-based parenting program
- Public Health Nurses provide 16 weekly visits
- Parents participate in program lessons and interactive activities
- Designed to educate and support families with parenting challenges

## WHO CAN ENROLL?

- Pregnant women
- Teen parents
- Families with children birth to age 18 wanting to make positive changes
- Families must reside in Oakland County

## WHAT DOES NPP TEACH FAMILIES?

- Building strong, positive family relationships
- What to expect as your child develops
- Promoting self confidence
- Managing stress
- Positive discipline
- Handling family conflict
- Managing teenagers skipping school
- Keeping your children drug free
- Coping with runaways and violent children

HOW CAN MY FAMILY SIGN UP?



For more information, call Nurse on Call at 800-848-5533 or visit [oakgov.com/health](http://oakgov.com/health)

NURSE ON CALL PUBLIC HEALTH INFORMATION  
800.848.5533 [NOC@OAKGOV.COM](mailto:NOC@OAKGOV.COM)  
[OAKGOV.COM/HEALTH](http://OAKGOV.COM/HEALTH)



The Oakland County Health Division will not deny participation in its programs based on race, sex, religion, national origin, age or disability. State and federal eligibility requirements apply for certain programs.

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