



FIT IT IN

DON'T MISS THIS FITNESS OPPORTUNITY FOR THE WHOLE FAMILY!

OakFit has entered into a cooperative arrangement with Waterford Schools. Join the Waterford School District Pool & Fitness Centers at new employee rates! Manage your health by enjoying the pools and/or fitness centers at either Mott or Kettering High School. All Oakland County employees who are employed part time or full time are eligible to receive these special rates.

Workout/swim before work (*weekdays beginning at 5:30 am*), during your lunch hours, or after work (*weekdays until 8:30 pm/9:00 pm*).

Annual Family Membership: \$205.00
Family* 3-Month Membership: \$65.00

Family includes up to 6 family members living at the same residence. A family consists of two adults and children up to 20 years of age. Proof of dependency must be shown for those over 20 years of age.

Annual Adult Rate: \$85.00
3-Month Adult Membership: \$30.00

Ages 18+

No Initiation Fees | Class Discounts

For more complete details including fitness center rules, pool hours, and membership forms, please visit the OakFit website.

**Employees must provide their ID badge or current paystub to join.

Effective: January 1, 2014

AMENITIES INCLUDE:

- 2,175 sq. ft. fitness centers with 8 treadmills, 4 upright bikes, 3 recumbent bikes, 2 stair steppers, 8 ellipticals and weight equipment
- Complimentary equipment orientation
- Competitive lap pool with 8 lanes, 25 yards x 25 meters
- Leisure pool with jets for resistance swimming
- Family locker rooms
- Indoor walking track
- Swim lessons available
Additional Charge
- Aquatic fitness classes
Additional Charge/Discounted
- Personal training available
Additional Charge

For additional information contact **Dawn Hunt** at (248) 858-5473 or huntd@oakgov.com