



Blue Cross
Blue Shield
Blue Care Network
of Michigan

Step 1: Simply log into your Blue Cross Blue Shield of Michigan (BCBSM) or Blue Care Network (BCN) member account at bcbsm.com or from the mobile app.

- If you are a first-time user, you will need to register. Your BCBSM or BCN ID card contains all the information you will need to complete the registration process.
- If you are on the Oakland County plan as a spouse or dependent, the employee must create an account for you to access the BCBSM/BCN website.

Step 2: Click on the “**Take the Health Assessment**” tile, to enter the WebMD Health Services website.



- If logging on from the app, click on **Programs & Services**, then click on **Wellness**. Scroll down and click on **WebMD Health Services**.
- If this is the first time you are entering the WebMD site, you will need to accept the terms and conditions, provide the information requested and choose your areas of interest to customize the website.
- Make sure you click or tap **Save & Continue** before you move to the next set of questions.

Step 3: Once you have answered all of the questions, you can review your responses by clicking on **Review Answers**, or complete your assessment by clicking on **Finalize**.

Step 4: Complete the additional sections about healthy changes, contact information and feedback. When you are done, click **Finish**.

- You will be taken to the results page where you can review your health score and other valuable information that can help you improve your health.

If you have problems registering, questions about the app, or need help installing or using it call the **Web Help Desk at 888-417-3479**.