



**Blue Cross
Blue Shield
of Michigan**

A nonprofit corporation and independent licensee
of the Blue Cross and Blue Shield Association

County of Oakland
Group Number: 71852 Package Code(s): 010
Section Code(s): 3000, 3100, 3200
CMM – CMM Traditional Plan, Rx1 Plan
Effective Date: 01/01/2024
Benefits-at-a-glance

This is intended as an easy-to-read summary and provides only a general overview of your benefits. It is not a contract. Additional limitations and exclusions may apply. Payment amounts are based on BCBSM's approved amount, less any applicable deductible and/or copay. If there is a discrepancy between this Benefits-at-a-Glance and any applicable plan document, the plan document will control.

BCBSM provides administrative claims services only. Your employer or plan sponsor is financially responsible for claims.

Note: A list of services that require approval **before** they are provided is available online at (<https://www.bcbsm.com/importantinfo>). Select **Approving covered Services**.

Member's responsibility (deductibles, copays, coinsurance and dollar maximums)	
Benefits	Participating Provider
Deductibles - per calendar year	\$200 per member \$400 per family Not applicable for all services
Copays • Fixed Dollar Copays	\$100 copay for: • Facility medical emergency
Coinsurance • Annual Coinsurance maximums	10% for most services, 25% for select service (PDN) up to a maximum of: \$1,000 per member \$1,000 per family
Annual out-of-pocket maximums – per calendar year	\$4,125 per member \$10,250 per family Includes Deductible, Coinsurance and Copays
Lifetime dollar maximum	Unlimited

Preventive Care Services	
Benefits	Participating Provider
Health Maintenance Exam - beginning age 4; one per calendar year	Covered - 100%
Routine Physical Related Test X-Rays, EKG and lab procedures performed as part of the health maintenance exam	Covered - 100%
Annual Gynecological Exam - two per benefit period, in addition to health maintenance exam	Covered - 100%
Pap Smear Screening - one per calendar year	Covered - 100%
Mammography Screening - one per calendar year includes 3D Mammography	Covered - 100%
Contraceptive Methods and Counseling	Covered - 100%
Prostate Specific Antigen (PSA) screening - one per benefit period	Covered - 100%

Endoscopic Exams - one per benefit period	Covered - 100%
Fecal occult blood screening – one per calendar year	Covered - 100%
Flexible sigmoidoscopy exam – one per calendar year	Covered - 100%
Colonoscopy – routine or medically necessary – one per calendar year	Covered - 100%
Note: Subsequent colonoscopies performed during the same calendar year are subject to your deductible and coinsurance, if applicable	
Well Child Care • 8 visits, birth through 12 months • 6 visits, 13 months through 23 months • 6 visits, 24 months through 35 months • 2 visits, 36 months through 47 months	Covered - 100%
Visits beyond 47 months are limited to one per member per calendar year under the health maintenance exam benefit	
Immunizations - pediatric and adult	Covered - 100%

Physician Office Services

Benefits	Participating Provider
Office Visits	Covered - 90% after deductible
Telemedicine Visits	Covered - 90% after deductible
Virtual Care - Online Medical Visits	Covered - 90% after deductible
Note: Online Medical visits by a non-BCBSM selected vendor are not covered	
Office Consultations	Covered - 90% after deductible
Outpatient and home medical care visits	Covered - 90% after deductible
Pre-Surgical Consultations	Covered - 90% after deductible

Emergency Medical Care

Benefits	Participating Provider
Hospital Emergency Room Qualified medical emergency	Covered - 100% after \$100 copay; copay waived if admitted (includes accidental injuries)
Non-Emergency use of the Emergency Room	Covered - 100% after \$100 copay; copay waived if admitted (includes accidental injuries)
Facility Urgent Care Services	Covered - 100%
Physician Urgent Care Services	Covered - 100%
Ambulance Services - Medically Necessary Transport	Covered - 90% after deductible

Diagnostic Services

Benefits	Participating Provider
MRI, MRA, PET and CAT Scans and Nuclear Medicine	Covered - 90%
Diagnostic Tests, X-rays, Laboratory & Pathology	Covered - 90%
Radiation Therapy and Chemotherapy	Covered - 100%

Maternity Services Provided by a Physician

Benefits	Participating Provider
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Prenatal and Postnatal Care Visits	Covered - 100%
Delivery and Nursery Care	Covered - 100%

Hospital Care

Benefits	Participating Provider
Semi-Private Room, Inpatient Physician Care, General Nursing Care, Hospital Services and Supplies	Covered - 100%
Inpatient Medical Care	Covered - 100%

Alternatives to Hospital Care

Benefits	Participating Provider
Hospice Care	Covered - 100%
Up to 28-pre hospice counseling visits before electing hospice services; when elected, four 90-day periods-provided through a participating hospice program only; limited to dollar maximum that is reviewed and adjusted periodically (after reaching dollar maximum, member transitions into individual case management)	
Infusion therapy: Must be medically necessary Must be given by a participating Home Infusion Therapy (HIT) provider or in a participating freestanding Ambulatory Infusion Center (AIC) May use drugs that require preauthorization – consult with doctor	Covered - 100%
Home Health Care	Covered - 100%
Skilled Nursing	Covered - 100%

Surgical Services

Benefits	Participating Provider
Surgery (includes related surgical services)	Covered - 100%
Bariatric Surgery	Covered - 100%
Sterilization - males only (Medical Necessary Only) excludes reversal sterilization	Not Covered
Sterilization - females only excludes reversal sterilization	Covered - 100%
Elective Abortions	Covered - 100%

Human Organ Transplants

Benefits	Participating Provider
Specified Organ Transplants In designated facilities only, when coordinated through BCBSM Human Organ Transplant Program (800-242-3504)	Covered - 100%
Specified Oncology Clinical Trial	Covered - 100%
Note: BCBSM covers clinical trials in compliance with PPACA	
Kidney, Cornea, Bone Marrow and Skin	Covered - 100%

Behavioral Health Services (Mental Health and Substance Use Disorder)

Benefits	Participating Provider
Inpatient Mental Health Care and Substance Use Disorder Treatment	Covered - 100%
Outpatient Mental Health Care and Substance Use Disorder Treatment	Covered - 100%
Telemedicine Mental Health Care	Covered - 100%
Virtual Online Mental Health Care	Covered - 100%
Note: Online Mental Health visits by a non-BCBSM selected vendor are not covered.	

Autism Spectrum Disorders, Diagnoses and Treatment

Benefits	Participating Provider
Applied Behavior Analysis (ABA) Pre-authorization required	Covered - 100%
Note: Diagnosis of an autism spectrum disorder and a treatment recommendation for ABA services must be obtained by an approved autism evaluation center (AAEC) prior to seeking ABA treatment.	
Physical, Occupational and Speech Therapy Physical, Occupational and Speech therapy with an autism diagnosis is unlimited	Covered - 100%
Nutritional Counseling	Covered - 100%

Other Covered Services

Benefits	Participating Provider
Cardiac Rehabilitation	Covered - 100%
Chiropractic Spinal Manipulation Services	Covered - 90% after deductible
Limited to a maximum of 38 visits per member per calendar year	
Durable Medical Equipment	Covered - 90% after deductible
Prosthetic and Orthotic Devices	Covered - 90% after deductible
Diabetic Supplies Test Strips, Lancets, Needles and Syringes	Covered - 90% after deductible
Private Duty Nursing Care	Covered - 75% after deductible
Allergy Testing and Therapy	Covered - 90% after deductible

Therapy Services

Benefits	Participating Provider
Physical, Occupational and Speech Therapy combined therapy visits 1-60	Covered - 100%
Combined therapy visits 61 and after	Covered - 90% after deductible



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Prescription Drugs
Effective Date: 01/01/2024
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Your prescription drug copays, including mail order copays, may be subject to the same annual out-of-pocket maximum required under your medical coverage.

Member's responsibility (copays and coinsurance amounts)

Benefits	Coverage
Out of Pocket Maximum	\$3,775 per member \$5,550 per family
Retail - 34-day or 90-day supply	\$5 copay - Generic drugs \$20 copay - Preferred brand drugs \$40 copay - Non-Preferred brand drugs Prescriptions and refills obtained from a non-network pharmacy are reimbursed at 70% of the approved amount, less the member's copay.
Retail and Mail Order - 90-day supply	\$5 copay - Generic drugs \$20 copay - Preferred brand drugs \$40 copay - Non-Preferred brand drugs
High-Cost Drug Discount Optimization Program	Prescription drug manufacturers provide coupon programs for certain pharmaceuticals. Your benefit plan requires you to enroll in BCBSM-approved coupon programs when available for select medications. This benefit may lower the cost sharing typically required for these drugs. Your out-of-pocket expense for these drugs will be no more than your cost sharing. When a coupon is used, only the amount you paid for the prescription will apply towards your annual out-of-pocket maximum. Note - Adjustments may be required to accurately reflect your annual out-of-pocket maximum with your true out-of-pocket costs.
Adult and childhood select preventive immunizations as recommended by the USPSTF, ACIP, HRSA or other sources as recognized by BCBSM that are in compliance with the provisions of the PPACA	Covered - 100%
Oral and Injectable Contraceptives Retail and Mail Order	Covered - 100% for Generic and Select Brand name drugs; other Brand name drugs are subject to the applicable copay/coinsurance
Additional Services	
Smoking Cessation Drugs	Covered
Weight Loss Drugs	Covered

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Impotency Drugs	Covered
Infertility Drugs	Not Covered
Diabetic Supplies	<p>Select diabetic supplies and devices are covered when prescribed by a physician or other professional provider licensed to prescribe it. Select diabetic supplies and devices include: Glucometers, Continuous Glucose Monitors and Sensors, Insulin Delivery Monitors, Test Strips and Lancets and Insulin Delivery Reservoirs.</p> <ul style="list-style-type: none"> • Diabetic supplies will be subject to your preferred brand - name drug and/or nonpreferred brand-name drugs cost-share requirement. • “Preferred” devices will be covered at 100% of our approved amount. “Nonpreferred” devices will be subject to your nonpreferred brand-name drugs cost-share requirement. • If you receive diabetic supplies and devices paid by your BCBSM medical plan, your BCBSM prescription drug plan will not pay for the same diabetic supplies.

Features of your prescription drug plan

Prior authorization/step therapy	<p>A process that requires a physician to obtain approval from BCBSM before select prescription drugs (drugs identified by BCBSM as requiring prior authorization) will be covered. Step Therapy, an initial step in the Prior Authorization process, applies criteria to select drugs to determine if a less costly prescription drug may be used for the same drug therapy. This also applies to mail order drugs. Claims that do not meet Step Therapy criteria require prior authorization. Details about which drugs require Prior Authorization or Step Therapy are available online at bcbsm.com/pharmacy.</p>
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