



**Blue Cross
Blue Shield**
of Michigan

A nonprofit corporation and independent licensee
of the Blue Cross and Blue Shield Association

County of Oakland
Group Number: 71852 Package Code(s): 010
Division Code(s): 3000, 3100, 3200
CMM – CMM Traditional Plan, Rx1, Hearing 1
Effective Date: 01/01/2025
Benefits-at-a-glance

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Note: A list of services that require approval **before** they are provided is available online at (<https://www.bcbsm.com/importantinfo>). Select **Approving covered Services**.

Member's responsibility (deductibles, copays, coinsurance and dollar maximums)

Benefits	Participating Provider
Deductibles - per calendar year	\$200 per member \$400 per family Not applicable for all services
Copays • Fixed Dollar Copays	\$100 copay for: • Facility medical emergency
Coinsurance • Annual Coinsurance maximums	10% for most services, 25% for select service (PDN) up to a maximum of: \$1,000 per member \$1,000 per family
Annual out-of-pocket maximums	\$4,125 per member \$10,250 per family Includes Deductible, Coinsurance and Copays
Lifetime dollar maximum	Unlimited

Preventive Care Services

Benefits	Participating Provider
Health Maintenance Exam - beginning age 4; one per benefit period	Covered - 100%
Routine Physical Related Test X-Rays, EKG and lab procedures performed as part of the health maintenance exam	Covered - 100%
Annual Gynecological Exam - two per benefit period, in addition to health maintenance exam	Covered - 100%
Pap Smear Screening - one per benefit period	Covered - 100%
Mammography Screening - one per benefit period includes 3D Mammography	Covered - 100%
Contraceptive Methods and Counseling	Covered - 100%
Prostate Specific Antigen (PSA) screening - one per benefit period	Covered - 100%
Endoscopic Exams - one per benefit period	Covered - 100%

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Fecal occult blood screening – one per calendar year	Covered - 100%
Flexible sigmoidoscopy exam – one per calendar year	Covered - 100%
Colonoscopy – routine or medically necessary – one per calendar year	Covered - 100%
Note: Subsequent colonoscopies performed during the same calendar year are subject to your deductible and coinsurance, if applicable	
Well Child Care • 8 visits, birth through 12 months • 6 visits, 13 months through 23 months • 6 visits, 24 months through 35 months • 2 visits, 36 months through 47 months	Covered - 100%
Visits beyond 47 months are limited to one per member per calendar year under the health maintenance exam benefit	
Immunizations - pediatric and adult	Covered - 100%

Physician Office Services

Benefits	Participating Provider
Office Visits	Covered - 90% after deductible
Telemedicine Visits	Covered - 90% after deductible
Virtual Care - Online Medical Visits	Covered - 90% after deductible
Note: Online Medical visits by a non-BCBSM selected vendor are not covered.	
Office Consultations	Covered - 90% after deductible
Outpatient and home medical care visits	Covered - 90% after deductible
Pre-Surgical Consultations	Covered - 90% after deductible

Emergency Medical Care

Benefits	Participating Provider
Hospital Emergency Room Qualified medical emergency	Covered - 100% after \$100 copay; copay waived if admitted
Non-Emergency use of the Emergency Room	Covered - 100% after \$100 copay; copay waived if admitted
Facility Urgent Care Services	Covered - 100%
Physician Urgent Care Services	Covered - 100%
Ambulance Services - Medically Necessary Transport	Covered - 90% after deductible

Diagnostic Services

Benefits	Participating Provider
MRI, MRA, PET and CAT Scans and Nuclear Medicine	Covered - 90%
Diagnostic Tests, X-rays, Laboratory & Pathology	Covered - 90%
Radiation Therapy and Chemotherapy	Covered - 100%

Maternity Services Provided by a Physician

Benefits	Participating Provider
Prenatal and Postnatal Care Visits	Covered - 100%
Delivery and Nursery Care	Covered - 100%

Hospital Care	
Benefits	Participating Provider
Semi-Private Room, Inpatient Physician Care, General Nursing Care, Hospital Services and Supplies	Covered - 100%
Inpatient Medical Care	Covered - 100%

Alternatives to Hospital Care	
Benefits	Participating Provider
Hospice Care	Covered - 100%
Up to 28-pre hospice counseling visits before electing hospice services; when elected, four 90-day periods-provided through a participating hospice program only; limited to dollar maximum that is reviewed and adjusted periodically (after reaching dollar maximum, member transitions into individual case management)	
Infusion therapy: Must be medically necessary Must be given by a participating Home Infusion Therapy (HIT) provider or in a participating freestanding Ambulatory Infusion Center (AIC) May use drugs that require preauthorization – consult with doctor	Covered - 100%
Home Health Care	Covered - 100%
Skilled Nursing	Covered - 100%

Surgical Services	
Benefits	Participating Provider
Surgery (includes related surgical services)	Covered - 100%
Bariatric Surgery	Covered - 100%
Sterilization - male reproductive organs (Medical Necessary Only) excludes reversal sterilization	Not Covered
Sterilization - female reproductive organs excludes reversal sterilization	Covered - 100%
Expanded Abortion Services	Covered – 100%
Note: Abortions are not covered if rendered in a location where abortions are not legal.	

Human Organ Transplants	
Benefits	Participating Provider
Specified Organ Transplants In designated facilities only, when coordinated through BCBSM Human Organ Transplant Program (800-242-3504)	Covered - 100%
Specified Oncology Clinical Trial	Covered - 100%
Note: BCBSM covers clinical trials in compliance with PPACA	
Kidney, Cornea, Bone Marrow and Skin	Covered - 100%

Behavioral Health Services (Mental Health and Substance Use Disorder)

Benefits	Participating Provider
Inpatient Mental Health Care and Substance Use Disorder Treatment	Covered - 100%
Outpatient Mental Health Care and Substance Use Disorder Treatment	Covered - 100%
Telemedicine Mental Health Care	Covered - 100%
Virtual Care - Online Mental Health Visits Note: Online Mental Health visits by a non-BCBSM selected vendor are not covered.	Covered - 100%

Autism Spectrum Disorders, Diagnoses and Treatment

Benefits	Participating Provider
Applied Behavior Analysis (ABA) Prior authorization required Note: Prior to seeking ABA treatment, the member must be evaluated by an interdisciplinary team including, but not limited to, a physician, behavioral health specialist, and a speech and language specialist for the services to be authorized. This interdisciplinary evaluation can be performed at an approved autism evaluation center (AAEC).	Covered - 100%
Physical, Occupational and Speech Therapy Physical, Occupational and Speech therapy with an autism diagnosis is unlimited	Covered - 100%
Nutritional Counseling	Covered - 100%

Other Covered Services

Benefits	Participating Provider
Cardiac Rehabilitation	Covered - 100%
Chiropractic Spinal Manipulation Services Limited to a maximum of 38 visits per member per year	Covered - 90% after deductible
Durable Medical Equipment	Covered - 90% after deductible
Prosthetic and Orthotic Devices	Covered - 90% after deductible
Diabetic Supplies Test Strips, Lancets, Needles and Syringes	Covered - 90% after deductible
Private Duty Nursing Care	Covered - 75% after deductible
Allergy Testing and Therapy	Covered - 90% after deductible

Therapy Services

Benefits	Participating Provider
Physical, Occupational and Speech Therapy combined therapy visits 1 - 60	Covered - 100%
Combined therapy visits 61 and after	Covered - 90% after deductible



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Hearing Care Coverage
Effective Date: 01/01/2025
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Member's responsibility (coinsurance)		
Benefits	Participating Provider	Non-Participating Provider
Coinsurance	No Coinsurance	No Coinsurance

Covered services		
To be payable, hearing care benefits may be received from a participating or non-participating provider and in the order listed.		
Benefits	Participating Provider	Non-Participating Provider
Frequency Limitation	Once every 36 months	
Audiometric Exam	Covered - 100%	Covered - 100%
Hearing Aid Evaluation	Covered - 100%	Covered - 100%
Hearing Aid	Covered - 100%	Covered - 100%
Hearing Aid Maximum \$2,000 per ear Total Hearing Aid Maximum \$3,000		
Member may be responsible for the difference in cost between our approved amount and the charge of the hearing aid.		
Hearing Aid Conformity Test	Covered - 100%	Covered - 100%

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Prescription Drugs
Effective Date: 01/01/2025
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Your prescription drug copays, including mail order copays, may be subject to the same annual out-of-pocket maximum required under your medical coverage.

Member's responsibility (copays and coinsurance amounts)	
Benefits	Coverage
Out of Pocket Maximum	\$3,775 per member \$5,550 per family
Retail - 30-day supply	\$10 copay - Generic drugs \$30 copay - Preferred brand drugs \$50 copay - Non-Preferred brand drugs Prescriptions and refills obtained from a non-network pharmacy are reimbursed at 70% of the approved amount, less the member's copay.
Retail and Mail Order - 90-day supply	\$10 copay - Generic drugs \$30 copay - Preferred brand drugs \$50 copay - Non-Preferred brand drugs
Specialty Drugs	Retail 30-day: \$10 copay - Generic drugs \$30 copay - Preferred brand drugs \$50 copay - Non-Preferred brand drugs Retail 90-day: \$10 Generic Specialty, \$30 Preferred Specialty, \$50 Non-Preferred Specialty Members are restricted to a 30 or 90-day supply and certain specialty drugs are limited to only a 15-day supply for each fill.
High-Cost Drug Discount Optimization Program	Prescription drug manufacturers provide coupon programs for certain pharmaceuticals. Your benefit plan requires you to enroll in BCBSM-approved coupon programs when available for select medications. This benefit may lower the cost sharing typically required for these drugs. Your out-of-pocket expense for these drugs will be no more than your cost sharing. When a coupon is used, only the amount you paid for the prescription will apply towards your annual out-of-pocket maximum. Note - Adjustments may be required to accurately reflect your annual out-of-pocket maximum with your true out-of-pocket costs.

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Adult and childhood select preventive immunizations as recommended by the USPSTF, ACIP, HRSA or other sources as recognized by BCBSM that are in compliance with the provisions of the PPACA	Covered - 100%
Oral and Injectable Contraceptives Retail and Mail Order	Covered - 100% for Generic and Select Brand name drugs; other Brand name drugs are subject to the applicable copay/coinsurance
Additional Services	
Smoking Cessation Drugs	Covered
Weight Loss Drugs	Covered
Impotency Drugs	Covered
Infertility Drugs	Not Covered
Diabetic Supplies	<p>Select diabetic supplies and devices are covered when prescribed by a physician or other professional provider licensed to prescribe it. Select diabetic supplies and devices include: Glucometers, Continuous Glucose Monitors and Sensors, Insulin Delivery Monitors, Test Strips and Lancets and Insulin Delivery Reservoirs.</p> <ul style="list-style-type: none"> • Diabetic supplies will be subject to your preferred brand - name drug and/or nonpreferred brand-name drugs cost-share requirement. • "Preferred" devices will be covered at 100% of our approved amount. "Nonpreferred" devices will be subject to your nonpreferred brand-name drugs cost-share requirement. • If you receive diabetic supplies and devices paid by your BCBSM medical plan, your BCBSM prescription drug plan will not pay for the same diabetic supplies.

Features of your prescription drug plan

Prior authorization/step therapy	A process that requires a physician to obtain approval from BCBSM before select prescription drugs (drugs identified by BCBSM as requiring prior authorization) will be covered. Step Therapy , an initial step in the Prior Authorization process, applies criteria to select drugs to determine if a less costly prescription drug may be used for the same drug therapy. This also applies to mail order drugs. Claims that do not meet Step Therapy criteria require prior authorization. Details about which drugs require Prior Authorization or Step Therapy are available online at bcbsm.com/pharmacy .
Maximum allowable cost drugs	When you receive a generic maximum allowable cost (MAC) drug from an in-network pharmacy, you pay your cost share as noted in your coverage. However, if you request a brand-name drug and the prescriber did not write "Dispense as Written" or "DAW" on the prescription, you must pay the difference between the maximum allowable cost and the Blue Cross Blue Shield of Michigan approved amount for the brand-name drug, plus your copayment. If the prescriber wrote "Dispense as Written" or "DAW" on the prescription, we will pay the pharmacy the approved amount for the brand-name drug, after deduction of your copayment.